

<u>Application Form – Para Dance Sport Course for Coaches and Athletes</u>

World Para Dance Sport, together with the Inclusive Dance UK would like to invite you to attend our Para Dance Sport course developed especially for coaches and athletes. This course provides a comprehensive introduction to World Para Dance Sport for coaches and dancers, who are eager to develop and improve their skills to practice and teach Para Dance Sport. The course allows coaches to work together with their athletes under our instructor(s)' supervision.

The course will be conducted by one of the World Para Dance Sport official instructors.

If you are interested in participating, please submit the below form for the course, fully completed including any necessary attachments, to lnfo@WorldParaDanceSport.org. Before filling in the form, please carefully read the below programme details.

Programme dates:

Arrival date: 27 July 2023 – check in at 10:00 am for 10:30 am start

Course: 27, 28, 29 July 2023
Time: 10:00 am - 16.00 pm
Course completion: 29 July 2023 - 16:00 pm

Programme location: Lostock School & Community Library, Selby Road,

Manchester, M32 9PL

Participant fee: 120 Euros

Once your attendance is confirmed, a link for credit card payment will be sent. Payment in cash will not be accepted.

The participation fee includes attendance, coffee breaks, lunch and participation certificate.

Please note that as a participant of the programme it will be your responsibility to arrange flights and ground transport as well as any insurance that you may need (e.g. medical and travel). It will also be your responsibility to arrange accommodation and meals.

Nearest international airport: Manchester International Airport.

We recommend the use of comfortable clothes and dance shoes.

Feel free to contact the organisers for information about accommodation. Our main contact is Mr. Ray Bulpitt at inclusivedanceuk@gmail.com

The LOC will supply a light lunch for participants with tea, coffee and water available throughout the day.



Candidate profile for the programme:

Candidates must have:

- An interest in Paralympic sports and specifically Para Dance Sport;
- Desire to serve as a dance coach or an athlete;
- Coaching or other relevant background in the sport of World Para Dance Sport or Dance Sport is welcome.

Candidates must send, in addition to this application form, the following documents:

- Curriculum Vitae or Resume with information about education and professional experience in dance (if relevant);
- Certificates and other documents validating your qualifications;

Learning objectives:

- Understanding of the development of World Para Dance Sport
- Understanding of the World Para Dance Sport Rules and Regulations
 - Wheelchair options that can be used for Para dance Sport
 - The use of space in the wheelchair
 - Different styles (Single dance, Duo dance, Combi dance freestyle/showdance)
 - Technique and practice for single dance
 - Similarities and differences among combi styles and duo styles
 - Judging criteria in approved WPDS competitions
- Understanding the principles of the World Para Dance Sport Classification Rules and Regulations (online)
 - Eligible impairment types for Para Dance Sport
 - Classification, medical information and anti-doping
- Understanding technical aspects of dancing with a wheelchair
- Getting started
 - Partner connection and leadership
 - Working with dancers
 - Aspirations
- The body and wheelchair in one unit
 - Wheelchairs, basic steps, moves and turns (combi)
 - Body coordination and connection of two main elements
 - Difference between sitting female athlete and male athlete with standing female and male standing partner.



FOR THE PARTICIPANTS

Please complete with your details:

Last name:		
First name:		
Gender:		
Nationality:		
Date of Birth:		
Full address:		
(street, city, ZIP code, country)		
Email address:		
Mobile phone number:		
Are you an athlete or a coach?		
How long have you been coaching or		
practicing Para dance sport?		
Are you fluent in English?	No	Yes
What is your profession?		
What are your qualifications		
(e.g. university degree, professional certifications)?		
Documents attached to this form:		qualification as outlined in ove (e.g. certificate, coaching
	Any relevant certificates	



If you have experience as a Para dance sport coach or athlete, please list your experience below (e.g. competitions officiated, type and number of athletes coached):		
f you have any experience with Para sport in roles other than Coach for Dance or Para Dance Spor please provide a brief description below (e.g. adjudicator, team official):		
Signature of the applicant:		



Invoicing instructions for participant fee (if different from contact details above):

Name/Organisation:	
Full address:	
(street, city, ZIP/postcode, country)	
Email:	

Please return your application form no later than 15 July 2023 to lnfo@WorldParaDanceSport.org

The candidates will have their participation confirmed 15 July 2023. Candidates will receive an invoice for the participant fee and once the fee is paid, the participant has confirmed his/ her attendance and the fee can no longer be refunded.

Invoices to be paid by 15 July 2023.

Please be informed that there are a limited number of participants.